

What about dental care?

- Dental coverage is a part of your Medical Assistance
- Dental checkups are due every 6 months
- Your child's doctor will advise you to start dental checkups as soon as the 1st tooth appears, and no later than 12 months
- Your health plan or C&TC staff can help you find a dentist that will take your insurance



Where can I find out more?

Visit our website anokacountymn.gov/ctc to find more information on:

- Participating clinics and health care resources for medical and dental care
- Health Plan information and links to incentive programs
- Community resource information
- Information in other languages



Working with people to
improve lives

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Anoka County
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Child and Teen Checkups

ANOKA COUNTY



A benefit for kids ages 0-20
with Medical Assistance

**Child and Teen
Checkups** 

763-324-4280

What is the Child and Teen Checkups (C&TC) program?

Children and teens on Medical Assistance are automatically part of the C&TC program from birth until 21 years of age.

The C&TC program includes free checkups and follow-up care. Your family also can get help finding doctors, dentists, and community resources.

My children aren't sick. Why do they need to visit the doctor for checkups?

Regular checkups (called Child and Teen Checkups or C&TCs) help children stay healthy by:

- Finding and treating health problems early
- Encouraging healthy habits
- Giving you a chance to ask questions about your child's health and development

C&TCs are also a perfect time to complete forms for Head Start, school, sports, daycare, or WIC.



What is included in a Child and Teen Checkup?

The components of a C&TC are based on the age of your child, but often include:

- Measurements (height, weight, blood pressure)
- Vision and Hearing screenings
- Physical exam
- Developmental screening
- Health history
- Dental health
- Health education about healthy lifestyles, nutrition, parenting, behavior, and safety
- Mental health
- Vaccines and lab tests

A complete C&TC includes all of this and more!

When are checkups due?

0-1 month	15 months
2 months	18 months
4 months	24 months
6 months	30 months
9 months	Yearly ages
12 months	3-20

How do I make an appointment?

Making an appointment is easy. Call your child's regular doctor or clinic and ask for a Child and Teen Checkup.

What if I need help?

If you need help...

- Finding clinics
- Making appointments
- Finding transportation to health appointments

Call your health plan, the C&TC Program, or your clinic C&TC team.

Blue Plus 1-800-711-9862

HealthPartners 952-967-7998

UCare 612-676-3200

United Healthcare 1-888-269-5410

Medical Assistance Customer Service 651-431-2670

Anoka County C&TC..... 763-324-4280

Health plans may also provide incentives for preventive care and other benefits. Call your plan for more information.

What if i move to another county?

The C&TC program is available in every county in Minnesota. Below are some of the local counties' C&TC programs:

Carver 952-361-1329

Dakota 952-891-7500

Hennepin 612-348-5131

Ramsey 651-266-2420

Scott 952-496-8420

Washington 651-430-6750