




# What is Plan of Safe Care?

The federal government passed the Comprehensive Addiction and Recovery Act of 2016, (CARA) which added requirements for states through the Child Abuse Prevention and Treatment Act (CAPTA), to focus on the effects of substance abuse on unborn babies, infants, children, and families. The purpose is for early identification and intervention, by providing support for families needing help with substance use disorders and setting up services and supports to promote healthy pregnancies, deliveries, and families. The goal of a Plan of Safe Care is to strengthen the family and keep the child(ren) safely in the home. A Plan of Safe Care is an ongoing plan for the family that focuses on the infant’s ongoing health, development, safety, and well-being as well as the family’s physical/social/emotional health, substance use disorder treatment, parenting ability, and readiness to care for the infant.



## Referral and Criteria

- Anoka County resident
- Pregnant; ideally the earlier the better
- Using non-prescribed substances, including alcohol and THC
- High risk for substance abuse during pregnancy

-  For referral: Anoka County intake line at 763-324-1440.
-  For questions and additional information contact: Tessa Frantzen
-  Plan of Safe Care Social Worker, 2100 3rd Ave., Anoka, MN 55303  
Phone: 763-324-1293  
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## Anoka County Plan of Safe Care

# A Plan of Safe Care helps parents access:

- Substance use and mental health services
- Domestic violence services
- Health care
- Childcare and/or Early Head Start programming
- Income support, food assistance, clothing and housing resources
- Positive social connections
- Parent education and support
- Early Intervention and support for child development

# Who May be Involved in a Plan of Safe Care?



- ✓ Medical providers
- ✓ Substance use providers
- ✓ Mental health providers
- ✓ Public health providers
- ✓ Early Childhood Intervention
- ✓ Family Service workers
- ✓ Others, as appropriate

# Supporting Families Along the Way

## What will happen?

An Anoka County Plan of Safe Care Social Worker will assist you and your family to help identify the unique needs of your growing family.

The Plan of Safe Care Social Worker will provide direct case management to help develop your Plan of Safe Care and assist you in setting up service and supports for your infant and family.

Your family has the right to refuse services. If you decide not to participate in services, Anoka County Social Services may assist you in finding other services to meet the needs identified in the Plan of Safe Care.

