

## Kev kho hniav yog li cas tiag?

- Koj qhov Medical Assistance them nqe kho hniav rau koj
- 6 lub hli twg yuav tsum kuaj hniav ib zaug
- Kws kho mob yeej yuav qhia kom koj koj tus menyuam mus kuaj hniav thaum nws xub tuaj thawj tug kaus hniav thiab tsis pub dhaum 12 lub hli.
- Koj qhov Health Plan lossis cov neeg ua dejnum hauv C&TC pab tau koj nrhiav kws kho hniav uas txais koj daim MA



## Yuav nrhiav qhovtwg thiaj li paub ntxiv?

Mus saib peb lub website [anokacountymn.gov/ctc](http://anokacountymn.gov/ctc) kom paub ntxiv txog:

- Cov tsev kuaj hniav ua koomtes thiab cov kev pab cuam rau kev noj qab haus huv thiab kev kho hniav
- Ntaub Ntawv txog koj qhov Health Plan thiab cov link txuas rau cov kev pabcuam
- Qhia txog cov kev pabcuam hauv zejzog
- Muaj ntaub ntawv sau ua lwm yam lus



## Koomtes nrog tib neeg txhawb lub neej kom zoo

Anoka County  
Public Health & Environmental Services  
2100 3rd Avenue, STE 600  
Anoka, Minnesota 55303-5041



**Anoka County**  
MINNESOTA

Respectful, Innovative, Fiscally Responsible

Updated 08/15/25 HMG

## Kev kuaj hniav rau cov menyuam thiab cov hluas

ANOKA COUNTY



Qhov zoo rau cov menyuam nub nyoog 0-20 uas muaj Medical Assistance

**Child and Teen Checkups**

☎ 763-324-4280

📞 763-200-4385

## Qhov kev pabcuam Child and Teen Checkups (C&TC) yog dabtsi?

Cov menyuam thiab cov hluas uas tau Medical Assistance (MA) yeej cia li tau qhov kev pab cuam C&TC txij thaum nws yug los txog ntua thaum nws muaj 21 xyoo.

Qhov kev pabcuam C&TC muaj kev kuaj mob dawb thiab kev taug qab rau kev noj qab haus huv. Muaj kev pab koj tsev neeg nrhiav kws kho mob, kws kho hniav, thiab cov kev pabcuam hauv zejzog.

## Kuv cov menyuam twb tsis mob. Yog li cas thiaj li yuav coj nws mus ntsib kws kho mob kuaj?

Cov niaj zaus kuaj (yog hu Child and Teen Checkups lossis C&TCs) pab cov menyuam noj qab nyob zoo los ntawm:

- Nrhiav thiab daws kab mob kev nkeeg thaum ntshov
- Txhawb kom xyaum tau tus yam ntxwv noj qab nyob zoo
- Muaj lub sijhawm rau koj nug txog koj tus menyuam qhov kev noj qab nyob zoo thiab kev loj hlob

C&TCs yog ib qho zoo sijhawm pib ua ntaub ntawv rau kev kawm ntawv rau Head Start, kev kawm ntawv, kev uasi ntau pob, chaw zov menyuam, lossis tshev mis WIC.



## Muaj dabtsi rau hauv Child and Teen Checkup?

Cov muaj nyob rau hauv C&TC yog muaj raws ntawm koj tus menyuam qhov nub nyoob, tabsi feem ntau muaj:

- Kev ntsuas (qhov siab, ceebthawj, ntsuas ntshav siab)
- Kuaj qhov muag thiab pob ntseg
- Kuaj ib ces
- Ntsuam xyuas kev loj hlob
- Keebkwm ntawm kev noj qab nyob zoo
- Kev kuaj kaus hniav
- Kev cob qhia txog kev noj haus kom pab lub cev noj qab nyob zoo, zaub mov, ua niam ua txiv, cwjpw, thiab kev nyabxees
- Kev noj qab nyob zoo rau Kev Xav
- Txhaj tshuaj thiab tso ntshav kuaj

C&TC muaj tagnrho cov no thiab ntxiv!

## Thaum txog sijhawm kuaj?

0-1 hli	12 hli
2 hli	15 hli
4 hli	18 hli
6 hli	24 hli
9 hli	30 hli

Txhua xyoo nub nyoog 3-20

## Kuv yuav teem sijhawm li cas?

Teem sijhawm yoojyim heev. Hu rau koj tus menyuam tus kws kho mob lossis lub chaw kuaj mob thiab teem kuaj rau qhov Child and Teen Checkup.

## Es yog kuv xav tau kev pab ned?

### Yog xav tau kev pab...

- Nrhiav chaw kuaj mob
- Teem Sijhawm
- Nrhiav tsheb thauj mus tom chaw kuaj mob

Hu koj lub koomhaum pov hwm kev noj qab nyob zoo, qhov kev pabcuam C&TC, lossis C&TC cov neeg khiav dejnum hauv koj lub chaw kuaj mob.

<b>Blue Plus</b> .....	1-800-711-9862
<b>HealthPartners</b> .....	952-967-7998
<b>Medica</b> .....	1-800-373-8335
<b>UCare</b> .....	612-676-3200

**Minnesota Health Care** ..... 651-297-3862  
**Consumer Support (fee-for-service/straight MA)**

**Anoka County C&TC**..... 763-324-4280

Cov kev pov hwm kev noj qab nyob zoo (Health plan) kuj muaj khoom txiaj ntsim rau kev kuaj tiv thaiv kom txhob muaj mob thiab lwm yam txiajntsim. Hu rau koj lub koomhaum pov hwm kev noj qab nyob zoo kom paub ntxiv.

## Es yog kuv tsiv rau lwm lub county ned?

Qhov kev pabcuam C&TC muaj nyob rau txhua lub county hauv Minnesota. Hauv qab no cov county ib cheebtsam uas muaj qhov kev pabcuam C&TC:

Carver .....	952-361-1329
Dakota .....	952-891-7500
Hennepin .....	612-348-5131
Ramsey .....	651-266-2442
Scott .....	952-496-8587
Washington .....	651-430-6750