

2023 Anoka County SHIP Impact

Creating better health where we live, learn, work, and play

The Anoka County Statewide Health Improvement Partnership (SHIP) has been working to foster healthier communities throughout the county by creating over 100 unique opportunities in schools, cities, businesses, housing units, community groups, senior organizations, clinics, and faith communities. SHIP promotes healthy lifestyles by making optimal choices accessible.



MN MOVES

Helping people stay active throughout their lives!

- Partnerships with 34 sites
- Bike racks, fix-it stations, and bike shares
- Support to create safe walking and biking routes to parks, impacting thousands!



MN EATS

Helping people choose healthy food each day!

- Worked with 16 new community partners including food shelves, emergency food systems, community meals, farms, and faith organizations
- Increasing access to healthier food options for over 65,000 people!



MN BREATHE

Helping people live smoke-free lives!

- 24 partnerships created/strengthened
- 7 new tobacco-free policies and enforcement/sustainability support for 41 existing policies
- Impacting the health of more than 3,000 residents in the county



MN WELL-BEING

Helping people live their very best lives!

- Established or strengthened partnerships with 37 sites, 29 of which have made some type of policy, system or environmental sustainable change



WORKPLACE SETTING

- 26 worksites partnered with Anoka County SHIP in 2023
- Supporting the health of over 10,000 employees in the workplace through healthy eating, physical activity, breastfeeding, & tobacco-free initiatives



SCHOOL SETTING

- 42 school partners across six school districts
- Impacting over 35,000 students through MN Eats, MN Breathes, MN Moves and MN Well-Being contexts

