

# Anoka County SHIP Impact

Creating better health where we live, learn, work, and play

Over the past year, the Anoka County Statewide Health Improvement Partnership (SHIP) has been working to build healthier communities across the county. We were able to help create 166 unique opportunities within our schools, cities, businesses, multi-unit housing, community groups, senior organizations, clinics, and faith communities. In a nutshell, SHIP helps make the healthy choice the easy choice and we're proud to be a part of that effort!

## MN MOVES

Helping people stay active throughout their lives

- Partnerships with 34 sites
- Increased opportunities for walking and biking with new bike racks and fix-it stations, a fat tire bike fleet program, and support to create safe walking and biking routes to parks



## MN EATS

Helping people choose healthy food each day

- Worked with 40 community partners including food shelves, emergency food systems, community meals, farms, and faith organizations
- Increased access to healthier food options for almost 20,000 people



## MN BREATHE

Helping people live smoke-free lives

- Created or strengthened 24 partnerships created or strengthened
- 5 new tobacco-free policies and enforcement/sustainability support for 30 existing policies
- Impacted the health of over 3,000 residents in the county



## MN WELL-BEING

Helping people live their very best lives

- Established or strengthened partnerships with 37 sites, 29 of which have made some type of policy, system or environmental sustainable change



## SETTING SPECIFIC: Workplaces

- 27 worksites have partnered with SHIP in 2024
- Supported the health of over 10,000 employees in the workplace through healthy eating, physical activity, breastfeeding, and tobacco-free initiatives



## SETTING SPECIFIC: Schools

- 64 school partnerships across 6 districts
- Impacted more than 27,000 students through well-being, healthy eating and physical activity initiatives

