



Anoka County

HUMAN SERVICES DIVISION

Public Health & Environmental Services

(763) 324-4230

Blaine Human Service Center
1201 89th Ave NE, Suite 2100
Blaine, MN 55434

Fax (763) 324-1034

I authorize the Anoka County WIC Program to release the listed information collected as part of the WIC certification process to the below named person or agency to assist provision of appropriate health care services. I also authorize the below named person or agency to complete the bottom portion of the form and return it to Anoka County WIC Program with information from participant's medical records. This data is private and cannot be released without my consent except as provided by law. I understand state and federal laws protect this information. With my consent, this information could be shared with agencies or businesses that may not be covered by these laws. They could share this information with others. I was told of my right to refuse to release this data. If I refuse, I will receive services but may not get appropriate services. This release will end 1 year after the date I signed it. I may cancel this consent by written request to Anoka County Human Services, Attn: Anoka County WIC, Blaine Human Service Center, 1201 89th Ave NE, Suite 2100, Blaine, MN 55434.

Signature of Parent or Guardian

Date

(Name of Health Care Clinic)

.....

Name: _____ Date of Birth: _____
 Parent/Guardian: _____ WIC ID number: _____
 Height/length: _____ Weight: _____ Date: _____ Hemoglobin: _____ Date: _____
 Health Care Provider: _____ Date: _____

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WIC Weight and Length/Height Schedule:

Infants (0 – 12 months): At initial certification and at 9 months of age

Children (12-60 months): Every 6 months

WIC Hemoglobin Schedule:

Infants:

Blood work must be done *at or after nine months of age*, generally at the infant's 9 month WIC appointment.

Children:

- *For children between 12 and 15 months:*

- o Blood work must be done, unless previous blood work was done on or after nine months of age and the hemoglobin value was normal.

- o Bloodwork must be done at 18 -21 months, *regardless* of the previous hemoglobin status

- *For children between 15 and 24 months:*

- o Blood work must be done regardless if the previous hemoglobin value was normal or not.

- *Children 24 months and older must have blood work done :*

- o If the most recent blood work indicated low hemoglobin, and/or

- o If the most recent blood work was done more than 12 months prior

- o If a child aged 20 to 26 months old did not have blood work done between 13 and 24 months, the hemoglobin must be measured.

WIC Hemoglobin Standards:

Status	Age	Hemoglobin value (grams)
Infant	5-12 months	≤11.0
Child	12-24 months	≤11.0
Child	24 – 60 months	≤ 11.1

*For Hemoglobins < 10.0 – recheck value monthly until back above 10.0