

Anoka County WIC Program (763) 324-4230 Resource Listing

Child Care and Education

Adult Basic Education/Metro North (www.metronorthabe.org/).....	763-433-4200
Anoka County Childcare Assistance (https://www.anokacountymn.gov/1546/Child-Care-Assistance)	763-324-2360
Anoka County Child Care Locator Resource (https://gis.anokacountymn.gov/childcare/)	
Anoka-Hennepin Teen Parenting Program (www.ahschools.us/domain/12421).....	763-506-3200
Help Me Grow (https://helpmegrowmn.org/HMG/index.htm)	1-866-693-4769
Head Start Program (https://accap.org/head-start/)	763-783-4314

Early Childhood Screening

Anoka Hennepin (https://www.ahschools.us/earlychildhoodscreening)	763-433-4910
Centennial (https://earlychildhood.isd12.org/programs/early-childhood-screening).....	763-792-6120
Columbia Heights (https://www.colheights.k12.mn.us/communityed/community-education/early-childhood/early-childhood-screening)	763-528-4517
Forest Lake (https://earlychildhood.flaschools.org/early-childhood-screening)	651-982-8300
Fridley (https://commed.fridleyschools.org/early-childhood/early-childhood-screening)	763-502-5102
SpringLakePark(https://www.springlakeparkschools.org/preschool-and-early-childhood/discover/early-childhood-screening)	763-600-5900
St Francis Area (https://www.isd15.org/page/ecscreening).....	763-753-7170

Early Childhood Family Education (ECFE)

Anoka Hennepin (https://www.ahschools.us/Page/346).....	763-506-1275
Centennial (https://earlychildhood.isd12.org/programs/ecfe).....	763-792-6120
Columbia Heights (https://www.colheights.k12.mn.us/communityed/community-education/early-childhood)	763-528-4518
Forest Lake (https://earlychildhood.flaschools.org)	651-982-8300
Fridley (https://commed.fridleyschools.org/early-childhood/early-childhood-family-education)	763-502-5143
Spring Lake Park (https://www.springlakeparkschools.org/preschool-and-early-childhood/about)	763-600-5900
St Francis Area (https://www.isd15.org/page/ecfe).....	763-753-7170

Finance, Food, Housing, Transportation & Other

Child Support (www.anokacountymn.gov/196/Child-Support).....	763-422-7200
Central Minnesota Legal Services (www.centralmnlegal.org/)	general: 612-332-8151 new clients: 612-334-5970
LeLeche League Breastfeeding warmline (http://www.llofmdas.org/anoka-county.html).....	1-877-452-5324
American Lung Association (www.lung.org/quit-smoking)	1-800-586-4872
Quit Partner Services (https://quitpartnermn.com/)	1-800-784-8669
Safe Kids (www.safekids.org/coalition/safe-kids-anoka-county).....	763-767-4003
Bridge to Benefits (www.bridgetobenefits.org/Home2).....	651-227-6121
Career Force/ Job Training Center (www.anokacountymn.gov/1064/Job-Training-Center---CareerForce)	763-324-2300
ACCAP Energy Assistance Program (https://accap.org/energy-assistance/).....	763-783-4747

Financial Assistance

Economic Assistance EZ Info Line (for MA, MFIP, SNAP).....	763-422-7200
Apply on-line for SNAP, Cash programs, child care assistance, housing support (https://mnbenefits.mn.gov/)	
Family Means- Consumer Credit Counseling (https://www.familymeans.org/budget-credit-counseling.html)	651-789-4014

Housing

ACCAP affordable housing resources (https://accap.org/housing-service/multi-family-housing/) ...	763-783-4747
U.S. Department of Housing and Urban Development (www.hud.gov/).....	612-370-3000
Metro Housing (HRA & PHA) line	651-602-1880
HousingLink (www.housinglink.org).....	612-522-2500

Food Shelves/Clothing:

Anoka County Brotherhood Council/ACBC (www.acbcfoodshelf.com/)	763-422-0046
Salvation Army Food Shelf at BHSC (https://centralusa.salvationarmy.org/northern/social-services-office-anoka/who-we-are/).....	763-755-6873
Community Helping Hand, Forest Lake *Serves Forest Lake and Chisago school districts.....	651-464-0061
Hope for the Community Food Shelf, Blaine	763-757-4266
N.A.C.E (Northern Anoka County Emergency) Inc (https://www.nacefoodshelf.org/).....	763-434-7685
Centennial Community Food Shelf (www.centennialfoodshelf.org/).....	763-784-2013
SACA (Southern Anoka Community Assistance) (www.sacafoodshelf.org)	763-789-2444
Way of the Lord Food Shelf (www.wayofthelord.org/food-shelf).....	763-755-4800
Fare For All (www.fareforall.org).....	763-450-3860
NAPS (Nutrition Assistance for Seniors).....	651-484-8241
Hunger Solutions (www.hungersolutions.org/).....	651-486-9860
Minnesota Food Helpline.....	1-888-711-1151
Monthly Food Calendar (https://communityfoodcalendar.weebly.com/)	

Transportation

Cars for Neighbors (www.carsforneighbors.org/)	763-717-7755
Metro Mobily Ride.....	651-602-1111
Metro Area Transit Link	651-602-5465
Anoka County Traveler/Transit Link.....	763-324-3250
Volunteer Medlink (call between 9 AM and 12 PM)	763-324-3255

Hotline and Crisis

Alcoholics Anonymous of Minnesota (https://aaminneapolis.org/).....	952-922-0880
Substance Abuse and Mental Health Services Administration Helpline.....	1-800-662-4357
Allina Health Substance Abuse Services	763-236-4500
Alexandra House for Battered Women & Children (www.alexandrahouse.org/)	763-780-2330
Minnesota Domestic Violence Crisis Line (www.dayoneservices.org)	1-866-223-1111
Anoka County Child Protection (www.anokacountymn.gov/3099/Child-Protection-Child-Abuse).....	763-324-1440
Adult Protection/Vulnerable Adults(www.anokacountymn.gov/615/Adult-Protection-Vulnerable-Adults).....	1-844-880-1574
Canvas Health Crisis Services - Anoka Mobile Crisis Line (https://www.canvashealth.org/crisis-services/)	763-755-3801
People Incorporated- crisis and mental health services (www.peopleincorporated.org/).....	651-774-0011
Allina Mental Health and Addiction Services.....	763-236-7911
First Call for Help/United Way	211 or 651-291-0211
YouthLink (www.youthlinkmn.org).....	612-252-1200
Metro Shelter Hotline.....	1-888-234-1329
Mediation Services for Anoka County (www.mediationservice.org/).....	763-422-8878
Poison Control (https://mnpoison.org/).....	1-800-222-1222
National Sexual Assault Hotline/ RAINN (24-hour helpline).....	1-800-656-4673

Pregnancy and Infant Resources

New Life Family Services/ First Care (www.nlfs.org)	612-623-8378
Birtheright of Coon Rapids (24 hr Helpline 1-800-550-4900) (https://birtheright.org/coonrapids).....	763-757-0715
Everyday Miracles (www.everyday-miracles.org).....	612-353-6293
Epiphany Caring for Life Pregnancy Care Center (https://epiphanycaringforlife.org/home)	612-803-2225
Birth Certificates	763-324-1360

Medical and Health Care Services

Anoka County Public Health Nursing.....	763-324-4240
Lee Carlson Center for Mental Health & Well-being (https://leecarlsoncenter.org/)	763-780-3036
North Suburban Counseling Center (www.northsuburbancounselingcenter.com/).....	763-784-3008
Anoka County Children’s Mental Health.....	763-324-1430
Anoka County Adult Mental Health.....	763-324-1420
Anoka County Child and Teen Check-ups	763-324-4280

Low Cost Dental

Apple Tree Dental (https://www.appletreedental.org/)	763-784-7570
Children’s Dental Services.....	612-746-1530

Low Cost Medical

Neighborhood Health Source, North Metro Clinic (https://neighborhoodhealthsource.org/)	612-588-9411
St. Mary’s Free Clinic (www.stmaryshealthclinics.org).....	651-287-7777
Nucleus Clinic (www.nucleusclinic.org)	763-755-5300
Planned Parenthood Minneapolis	612-823-6300
MN AIDSline (https://aliveness.org/aids-line/).....	612-373-2437
Portico Healthnet (www.porticohealthnet.org)	651-489-2273
The American Academy of Pediatrics parenting website (www.healthychildren.org)	
Information on vaccines (www.cdc.gov/vaccines/index.html)	

Physical Activity and Nutrition Resources

Anoka County Parks and Recreation (www.anokacountyparks.com).....	763-324-3300
YMCA (www.ymcanorth.org/)	
Andover location.....	763-230-9622
Emma B. Howe Coon Rapids location	763-785-7882
Go Anoka County (www.anokacountymn.gov/4177/Go-Anoka-County)	
My Plate (www.myplate.gov)	
The Academy of Nutrition and Dietetics (www.eatright.org)	

Hearing Impaired and Non-English Resources

Teletypewriters (TTY) phone services.....	711 or 1800-627-3529
TTY Telephone Equipment and Distribution (TED program).....	1-800-651-3663 (voice) or 651-964-1514 (vp)
Hmong Cultural & Resource Center (https://www.hmongcc.org/)	
Russian Community Information and Resources (www.zerkalomn.com)	
Somali Resettlement/Community Resources (www.somalcrs.org).....	
TPT’s ECHO (Emergency and Community Outreach) (www.tpt.org/echo-minnesota)	
ESL (English as a Second Language): Offered at various times through Metro North Learning Lab at BHSC	763-433-4200

This institution is an equal opportunity provider.