

# Community

## Summer is Here!

As you soak up the sun and enjoy the outdoors, think about how your community or organization could be more walkable or bike friendly. SHIP has helped support this vision through initiatives like installing bike racks, bike fleets, and trail mapping. What steps could your community take?



## News, Resources, and Grants

### Adaptive Programming Community Calendar

The [Adaptive Programming Community Calendar](#) is now live! This community resource lists upcoming adaptive recreation activities and events happening throughout Anoka County. Adaptive Programming and its partners aim to create a welcoming and inclusive community for people of all abilities. Have an upcoming adaptive event to share? [Submit your event](#) to add it to the calendar.

### SuperShelf is Back

In October 2024, the UMN SuperShelf team announced they would be taking a “pause” on adding new food shelves to their list of active projects. The SuperShelf pause is officially over! If your food shelf is ready to start the SuperShelf transformation or if you want more information, reach out to [megan.barry@anokacountymn.gov](mailto:megan.barry@anokacountymn.gov).

### Anoka County Food Resource Guide

The Anoka County Food Resource Guide has been updated. Visit the [Go Anoka County Eat Well Website](#) to view and share with community members.

## Spotlight: Hope 4 Youth Food Shelf

Hope for the Community is an organization that has eight food shelf locations across the Twin Cities area. They recently opened a new food shelf location at Hope 4 Youth, which is a non-profit organization in Anoka that serves youth experiencing homelessness. With help from SHIP, they were able to purchase two new refrigerators and a freezer. This new equipment has allowed Hope 4 Youth to distribute fresh, healthy food to over 1,000 youth experiencing food insecurity.



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## Partner Spotlight: Northtown Library

Northtown Library offers a private space that can be reserved for breastfeeding or pumping. Families have shared how helpful it's been—one mom said having a place to pump meant she could stay longer and focus on her studies. If you'd like to use the lactation room, just stop by the service desk. Staff are trained to make this a priority. If someone happens to be using the space for another reason, staff will kindly help them find a different spot so the room is available when needed.



## News, Resources, and Grants

Are you a child care provider looking for ways to better support breastfeeding families in your care? Check out the free Lactation-Friendly Child Care Training. It's full of practical tips to help you create a more comfortable, supportive space for parents and babies. It's available through the [Develop](#) and [Eager to Learn](#) websites - Just Search "Lactation Friendly Child Care".



Join the Anoka County Breastfeeding Coalition for our 2nd Annual Ice Cream Social as we celebrate World Breastfeeding Month! Stop by the Moore Lake Community Building from 4–6 p.m. Aug. 20 for frozen treats and a resource fair geared toward families with young children. It's a great chance to connect, learn, and celebrate the role breastfeeding plays in building a healthy community.

## Spotlight: Memory Lane Singers

Memory Lane Singers is a volunteer-based community that shares the joy of music with individuals living with Alzheimer's and dementia. Through familiar songs and heartfelt connection, they help spark memories, lift spirits, and create meaningful moments for participants, caregivers, and volunteers alike.

Join them this summer for their summer sing alongs. For more information, visit the [Memory Lane Singers website](#).



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